



THE HPV VACCINATION

YOUR PROTECTION AGAINST CANCER

Information
for young people



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At the Bavarian State Ministry for Health, Care and Prevention, our concern is to help you stay healthy. In collaboration with the Bavarian State Working Group on Vaccination, we therefore recommend vaccination against human papillomaviruses (HPV). HPV are by no means trivial, as they can cause cancer.

Therefore early vaccination is the best way to protect you and your partner. This flyer contains all the information you need about HPV and the 'vaccination against cancer'.

Judith Gerlach, MdL
Bavarian Minister of State
for Health, Care and Prevention

Which diseases can be caused by HPV?

IN GERMANY, APPROXIMATELY 6,250 WOMEN AND APPROXIMATELY 1,600 MEN ARE DIAGNOSED WITH CANCER CAUSED BY HPV EVERY YEAR.



Certain HPV types can cause unpleasant genital warts.

HPV-related cancers

(cases in Germany per year)

Mouth/throat
(Oropharynx)

Anus

Penis

approx.
1,600 cases
in men



Mouth/throat
(Oropharynx)

Cervix

Anus

Vagina

Vulva

approx.
6,250 cases
in women



How do I protect myself and others from HPV?

The best way to protect yourself against HPV infection is **vaccination**. Condoms are always important to protect you from sexually transmitted diseases such as AIDS, but vaccination is much better against HPV.

If you want to do everything right, get vaccinated **before the “first time”**. But vaccination still makes sense later on, because any sexual contact can trigger an HPV infection.

Two HPV vaccines are available in Germany. One of the two vaccines protects against a larger number of HPV types that tend to trigger cancer and additionally against genital warts. **Get advice from your doctor.**

A particularly positive factor: If you don't get infected, you can't **pass on** the infection either, protecting your boyfriend or girlfriend.

How safe is vaccination?

Broadly speaking, HPV vaccination is **safe** and **well tolerated**. After vaccination, you may experience redness at the vaccination site, headaches or joint pain, a slight fever or dizziness for a short time. That's usually all that happens. Except that your body builds up a protective barrier against HPV.



WHEN SHOULD I GET VACCINATED?



The best time is aged
9 - 14 YEARS

2^x



2 vaccine doses
at least
5 months apart.

If you are not vaccinated yet
**FROM THE AGE
OF 15 YEARS**

3^x



3 vaccine doses
within at least
6 months.

Where can I get more information?

Your paediatrician or family doctor will be happy to advise you. Many gynaecologists offer **specific teenage consultations** for young girls. Boys can arrange a consultation with a urologist.

For more answers to **questions about HPV** and vaccination, scan the QR code or visit www.schutzimpfung-jetzt.de



LEARN MORE HERE:



ARE YOU THINKING ABOUT YOUR FIRST LOVE?



Intimacy and sense of security are something very beautiful and exciting.

However, pathogens such as **HPV, the human papillomaviruses**, can also be transmitted through sexual contact. These viruses can cause various types of cancer. With the HPV vaccination, you can reliably protect yourself and others from infection.



Human papillomaviruses (HPV) are widespread and are usually transmitted during **sex**.



HPV infections are often harmless. Certain HPV types, however, can cause **various types of cancer and genital warts**.



A timely vaccination can protect you very reliably. The **HPV vaccination** is recommended for **girls and boys from 9 to 14 years of age**. The sooner the better. However, it is also possible at a later date.

What is the Bavarian State Working Group on Vaccination (LAGI)?

The Bavarian State Working Group on Vaccination (LAGI) is an industry-independent association of physicians, corporations, associations, pharmacists, the Bavarian Ministry of Health, midwives, the public health service, health insurance funds and science with the aim of providing professional and comprehensive immunisation advice for the Bavarian population. (www.lagi.bayern.de).

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